

Assistance Programs for Seniors

Supplemental Security Income (SSI) program.

A Federal program which provides monthly benefits to individuals with limited income and/or resources.

Eligible Persons include:

- Individuals aged 65 and older without disabilities who meet the financial limits
- individuals with a medical condition that keeps them from working
- individuals that are totally or partially blind.
- **Toll-Free Phone:** 1-800-772-1213; **TTY Phone:** 1-800-325-0778.

- **Website:** Supplemental Security Income (SSI) | SSA or scan here:



Medicaid & Medicare

For information on Medicaid, please visit: <https://www.medicaid.gov/>

- For information on qualified Medicare beneficiaries, visit <https://www.medicare.gov/>
- To locate your Regional Office contact, please visit: CMS Regional Offices | CMS

Supplemental Nutrition Assistance Program (SNAP)

SNAP helps low-income families and households purchase the food needed to supplement their diet to ensure good health.

- For more information on this federal program: **Supplemental Nutrition Assistance Program (SNAP) | Food and Nutrition Service**
- The Department of Human Services administers the program in Illinois.
- Apply online for **CASH (TANF or AABD CASH) SNAP, & Medical Assistance in IL: [Illinois.gov](https://www.illinois.gov) - IL**

Application for Benefits Eligibility (ABE) ABE Home Page or scan here:



- **IDHS Toll-Free Phone:** 1-800-843-6154 (Voice), 1-800-324-5553 (Nextalk), 711 TTY Relay

Senior Farmers' Market Nutrition Program (SFMNP)

Provides low-income older adults access to fresh, locally grown produce, honey, and cut herbs, and works to increase awareness and growth of farmers' markets and roadside stands.

- This program is administered in Illinois by the Illinois Department of Human Services.

- **Visit IDHS:** Senior Farmer's Market Nutrition Program (SFMNP), scan here:

or

- **Call** 217-782-2166 for more information.

