

# Other Assistance Programs for Seniors

## The Supplemental Security Income (SSI) program

This is a federal program pays monthly benefits to individuals with limited income and/or resources. SSI is for people aged 65 and older without disabilities who meet the financial limits, individuals with a medical condition that keeps them from working (and that is expected to last at least a year), and individuals that are totally or partially blind.

Toll-Free Phone: 1-800-772-1213; TTY Phone: 1-800-325-0778).

Website: <https://www.ssa.gov/benefits/ssi/>

## Medical Assistance

A program to assist with paying medical bills and determining which bills other resources, such as third parties will pay.

Contact Your Local Department of Human Services (DHS) Office for more information: Toll-Free Phone: 1-800-843-6154; TTY Phone: 1-800-447-6404

For Cash, SNAP, & Medical Assistance, please visit [ABE.Illinois.gov](http://ABE.Illinois.gov)

## Supplemental Nutrition Assistance Program (SNAP)

The Supplemental Nutrition Assistance Program (SNAP) (formerly known as Food Stamps) helps low-income people, including older adults and families buy the food they need for good health. Benefits are provided on the [Illinois Link Card](#) - an electronic card that is accepted at most grocery stores. The program is managed by the Food and Nutrition Service (FNS) of the United States Department of Agriculture. The Department of Human Services administers the program in Illinois.

Contact Your Local Department of Human Services (DHS) Office for more information: Toll-Free Phone: 1-800-843-6154; TTY Phone: 1-800-447-6404

For Cash, SNAP, & Medical Assistance, please visit [ABE.Illinois.gov](http://ABE.Illinois.gov)

Website: <https://www.dhs.state.il.us/>

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Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: <https://www.usda.gov/sites/default/files/documents/ad-3027.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

**mail:**  
U.S. Department of Agriculture  
Office of the Assistant Secretary for Civil Rights  
1400 Independence Avenue, SW  
Washington, D.C. 20250-9410

**fax:**  
(833) 256-1665 or (202) 690-7442

**email:**  
[Program.Intake@usda.gov](mailto:Program.Intake@usda.gov)

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