

FISCAL YEAR

2023

ANNUAL
REPORT



Foodbank®
St. Louis Area Foodbank

Dear Foodbank Family and Friends,

We are pleased and present the Fiscal 2023 Annual Report for **St. Louis Area Foodbank**. As we reflect on the past year, we are humbled by the incredible support and unwavering commitment from our dedicated community of donors, volunteers, and partners.

Our neighbors faced unprecedented challenges in 2023. A report released in November by the U.S. Department of Agriculture showed food insecurity nationwide increased to 44 million, including 13 million children – an increase of 31% for all individuals and 44% for children from the previous year. This is the highest rate and number of adults and children since 2014 and the largest one-year increase in food insecurity since 2008.

Despite the increasing pressure from the growing number of people experiencing food insecurity, the conclusion of pandemic-era boosts to government funding and food aid, and reduced donations, our team persevered, **distributing more than 47 million pounds of food** to over **400,000 neighbors** in the **26 counties** in our service territory. This is due to the commitment, strength, and resilience of each of you – determined to make a difference in the lives of others- strengthening our region, one family at a time.

As we continue our vital work of *building a stronger bi-state region by nourishing people, empowering communities, and transforming systems*, we are optimistic about both the opportunities and our ability to rise to the challenges that the future holds. With your continued support, we are resolute in our focus to reverse the trends reported last year, and create a more food-secure region, while creating lasting change in the lives of those who need us most.

Thank you for being the secret ingredients that allow the St. Louis Area Foodbank to provide food and hope to hundreds of thousands of people across the bi-state region every year. We invite you to explore the pages that follow highlighting the impact that we had together in Fiscal Year 2023, and learning more as we share our vision for the future – a nutritionally secure Missouri and Illinois – and how you can continue to be a part of this incredible regional transformation.

Always grateful,



Meredith Knopp
President & CEO

*Meredith Knopp, St. Louis Area Foodbank
President & CEO, helps distribute food at
Mid Rivers Mall Food Fair, summer 2023.*



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St. Louis Area Foodbank

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PARTNER
FOOD BANK OF
**FEEDING
AMERICA®**



POUNDS OF FOOD DISTRIBUTED LAST YEAR AT NO COST TO OUR NEIGHBORS



FOOD TO 391,543 INDIVIDUALS THROUGH OUR INNOVATIVE MOBILE DISTRIBUTIONS



LESS THAN 4% OF DONATIONS GO TOWARD ADMINISTRATION AND FUNDRAISING

1 IN 5 CHILDREN IN THE BI-STATE REGION ARE IN NEED OF FOOD ASSISTANCE.



• Food on the Move:

Food On The Move is a free walk-through, grocery shopping-style food distribution program for individuals living in areas of Illinois and Missouri with limited access to healthy food and resources.

Total number of # of Food on the Move **Distributions: 142**

Total Food on the Move **Pounds Distributed: 206,605**

Food on the Move Total **Individuals Served: 22,797**

• Community Mobile Markets:

Mobile distributions and food fairs deliver fresh and nutritious food and housing supplies directly to neighbors living in areas with limited access to fresh foods.

Total number of **mobile markets: 1930**

Total **pounds** distributed through mobile markets: **12,990,974**

Total number of **households** served through mobile markets: **102,340**

• School Markets:

The School-Based Market program is helps alleviate child hunger in the bi-state area by providing food to children at their school that they can take home to their families. School-Based markets are intended to provide a more readily accessible source of food to low-income students and their families. The program primarily focuses on serving schools where 75 percent or more of the children are enrolled in the free and reduced lunch program.

Total Number of **School-Based Markets: 30**

Pounds of Food Distributed to School-Based Markets: **227,076**

Total Number of **Children** Served Through School-Based Markets: **13,327**



• Transitional Housing Food Program:

The Foodbank works with organizations that help people transition from temporary housing to permanent housing by providing a one-time service of 150-350 pounds of food and household items.

Transitional Housing **Total Number of Individuals Served: 156**

Transitional Housing **Total Number of Households Served: 80**

Transitional Housing **Total Number of Children Served: 49**

• Federal Programs:

As the agency of choice by the United States Department of Agriculture (USDA) for our region, the St. Louis Area Foodbank provides federal support through the following programs:

The Emergency Food Assistance Program

The Emergency Food Assistance Program (TEFAP) (formally Food Stamps) provides nutritional assistance to low-income Americans. Through this program, the United States Department of Agriculture (USDA) selects regional organizations like the St. Louis Area Foodbank to distribute highly nutritious food to those in need.

Neighbors served: 849,493

Commodity Supplemental Food Program

Commodity Supplemental Food Program (CSFP) boxes contain nutrient-rich foods provided by the United States Department of Agriculture (USDA) and delivered to low-income seniors. These foods provide vitamins A and C, calcium and iron, which are essential nutrients that are often lacking in their diets.

Number of Boxes Provided: 150,071



Through your support, the St. Louis Area Foodbank is revolutionizing the way we approach hunger in our region. It requires the support of our entire community, bringing their talents and resources to affect lasting change as more people face hunger than ever before.

Give Food & Funds:

Encourage your friends, co-workers, or community members to come together to fight hunger, no matter where they are. Consider hosting a physical food drive where you collect food & personal care items. Virtual food drives are another great way to support the St. Louis Area Foodbank. This simple collection of funds allows the St. Louis Area Foodbank to utilize their buying power to purchase food with funds donated to your drive.

Value of Donated Food Received in FY23: **\$82,924,424**

Total Number of physical **Food Drives** in FY2023: **588**

Total Number of **Virtual Food Drives** in FY2023: **53** (raising \$52,776)

Give Time:

Roll up your sleeves and dive in to support your community. Volunteers are the lifeblood of our work! We have a variety of volunteer opportunities available for individuals, families, and groups. Consider packing food boxes in our Repackaging Center or working one of food distribution events.

Total Number of **Volunteer Hours** in FY23: **62,251**

Be an Advocate

Engage your community in the fight against hunger by shedding light on the reality of food insecurity in your own backyard. Talk to friends, family, and colleagues about the solutions to hunger. The more we recognize the problem and collaborate to address the need, the healthier our communities will be. Follow us (@stlfoodbank) on social media, get educated, and share the information with your networks.

To learn how you can get involved, please visit: <https://stlfoodbank.org/give-help/>.

Board of Directors (as of July 1, 2023)

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Sandhya Vollala
Community Volunteer

Bob Wilhelm
Bayer

Dave Wilson
UPS

Michelle Wilson
Southern Glazer's Wine & Spirits

Justin Woodard
Sysco

Why Your Support Matters

- **Less Resources:** As we work to alleviate hunger there is never enough food for every food insecure neighbor/family in our region, thus our work is never done.
- **Rising Inflation:** The rising costs of food, utilities, medical care impact our neighbors and can lead to or increase food insecurity. Meanwhile, the cost of providing food & services continues to increase as well.
- **Less Donated Food:** Less donated food in the system plus an increased need means that we need to look at leveraging our buying power to help our network of 588 food pantries by purchasing food – or paying for the freight to bring in donated food from other parts of the country. Making a financial contribution is the best way to support the Foodbank.

Pounds Distributed	FY23 Budget	% To Budget	Total Distributed
DONATED	34,114,583	102%	34,662,951
GOVERNMENT	17,950,980	55%	9,952,082
PURCHASED	959,478	302%	2,902,311
TOTAL POUNDS DISTRIBUTED	53,025,041	90%	47,517,344

Volunteer Voice Spotlight

Recently, there was a gentleman who became a regular at the North Hanley metro Food on the Move event. We came to expect his friendly face appearing at the back of the trailer as we were setting up joking that “you are all doing a fine job.” When he came through the trailer, he would always thank us and express how the Foodbank helps his family. When he quit coming, we worried that something had happened to him until one day he came and said that he no longer needed our help as he was able to find a job and was back on his feet!

~ Shared by Volunteer

Why I Give: Donor Spotlight

I am 83 years old. Grew up on a farm, youngest of four children. We lived near a small town called Stover. Although cash was not always plentiful, we always had plenty of vegetables and meat. As long as I can remember, my parents shared fresh food in the summer and home canned goods in the winter to people who had very little. My husband, now deceased, also grew up in a home that shared the garden products with people in need. As a couple living in Jefferson City, we gave to the Foodbank, delivered food for the school’s “buddy pack” program. We had three sons and it was not unusual for them to invite friends to eat with us... I also worked as a public health and school nurse, and very aware of the families in need. I am fortunate to have a comfortable living and am blessed to have resources to share with those in need. God Bless you for your work with the Foodbank.

~ Donor



	Total
Support and Revenue	
Program Fees	\$ 1,093,205
Contributions	14,229,595
Government Grants	7,222,230
Investment Income, net	2,069,510
Other Revenue	26,862
Consumable Product Donations/receipts	82,900,235
Net Assets Released from Restriction	-
Total Support, Revenue, and Gains (Losses)	107,541,727
Functional Expenses	
Program Services	102,812,702
Supporting Services	
Management and General	2,367,222
Fundraising	1,772,680
Total Supporting Activities	4,139,902
Total Expenses	106,952,604
Change in Net Assets	589,123
Net Assets, Beginning of Year	39,255,781
Net Assets, End of Year	\$ 39,844,904